



Covid Strategy

1. Responsibilities for Everyone
 - a. Adhere to all local/area mandates
 - b. Communication Plan executed if exposure suspected/occurs
 - c. Maintain social distancing and honor those who wear a mask out of respect for others
2. Coach Responsibilities
 - a. Take attendance for tracking purposes
 - b. Ensure all athletes have their own equipment (ball, water, bag, etc.)
 - c. Coach only handles cones, etc.
 - d. Always has a mask, gloves, and sanitizer in case necessary to assist a player
 - e. Sanitize any necessary surface before and after training and games
3. Parent Responsibilities
 - a. Ensure your child is healthy (no fever or signs/symptoms of flu)
 - b. Cautious carpooling
 - c. Ensure clothing and equipment are clean and sanitized before and after every training
 - d. Notify Coach if your child is ill
 - e. Provide necessary sanitizing product for your player
4. Player Responsibilities
 - a. Wash hands thoroughly before and after training
 - b. Wash all equipment before and after training
 - c. Keep bag separate from other equipment
 - d. No sharing of anything (equipment, water, food, bag, etc.)
5. At the end of practices and games
 - a. No handshakes or high-fives
 - b. Everyone wash/sanitize hands before leaving session
 - c. Keep a reasonable distance and limit parking lot socializing
6. If exposed to the coronavirus or test positive for COVID-19
 - a. Notify your coach
 - b. A GroupMe notification will go out (maintaining that person's confidentiality if desired)
 - c. Notifications may also go out to opponents or local health officials
 - d. Exposure includes an individual who has had close contact < 6 feet for ≥15 minutes
7. Return Requirements
 - a. Meet CDC's [criteria to discontinue home isolation](#). For more information, refer to the *Preparing for When Someone Gets Sick* section in the [Considerations for Youth Sports](#).
 - i. 3 days with no fever and
 - ii. Respiratory symptoms have improved (e.g. cough, shortness of breath) and
 - iii. 10 days since symptoms first appeared
 - b. See Indiana State Department of Health